



Kristianstad  
University  
Sweden

A photograph of two young women smiling and looking towards each other. They are standing on a wooden balcony or walkway in front of a modern building with a large wooden roof structure. In the background, other people are visible, slightly out of focus.

# Exchange Studies at HKR



**Kristianstad University, or HKR for short, is beautifully situated in southern Sweden. The distances are short here, between students and staff and between the university and the working life. Students are our most valuable resource. We unite theory and practice and train for life-long learning.**

### **Our Vision**

Kristianstad University's vision is to educate Sweden's most employable students by bringing together theory and practical training. We have a strong focus on internationalisation.

Our university is linked with partner universities all over the world. We also co-operate extensively with local companies, schools and organisations.

**“I like the campus, it is well organised, it is small so you can reach everything easily and have access to computer rooms, the internet and the library. The library is really good.”**

Bastien Coignon, France

**Water management**

## Campus

Kristianstad University was founded in 1977. Today there are two campuses and about 13,000 students. The main Campus is just 10 minutes from the town centre; Campus Hässleholm is located near the centre of Hässleholm, 20 minutes by train from Kristianstad. On campus you have access to inspiring meeting places and a wide range of services.

## Kristianstad Campus

At the Campus you can find everything you need within a short walking distance. There are a library, a restaurant, a café, a sports hall, the student union, health centre and student dormitories all in one place.

In the middle of the campus there is a spacious library with study rooms, computer rooms and open spaces where you can read or just relax.

## Hässleholm Campus

The Campus is located in the modern area of Norra Station which is in the centre of Hässleholm and right beside the train station. Hässleholm is within an easy reach from Kristianstad, Malmö, Lund and other cities in Sweden. From Kristianstad you can reach Hässleholm by train (about 20 minutes) or by bus.

In the area of Norra Station you will find not only the university campus but also several companies, public authorities and restaurants. Like campus Kristianstad, here you can find all the facilities you need for a comfortable student life (library, study rooms, sports facilities, Student Union, café, restaurants, etc).





## Student health

All students have access to a health centre on campus, where there is a nurse and a counsellor. There is also a chaplaincy with a chaplain and a deacon.

## Student Union

The Student Union (Studentkåren) works with education monitoring and issues regarding student welfare. As a student, you can become a member and benefit from all the services provided by the Union as well as receive special discounts on specified services and products.

## Sport Union

The Sport Union organises sport activities for members seven days a week, including volleyball, boxing, soccer, swimming pool and a lot more.

## Services for students with special needs

We strive to provide easy access for the disabled, assistance with note taking, mentor support, assistants, sign language interpreters, resource rooms, and various technical aids. We also make special teaching and examination provisions.

## Academics

### Academic Year: 2011 /2012

Autumn semester: August 29 – January 22

Spring semester: January 23 – June 11

### Academic Year: 2012/2013

Autumn semester: August 27 – January 20

Spring semester: January 21 – June 09

### Academic Year: 2013/2014

Autumn semester: August 26 -January 19

Spring semester: January 20– June 08

## Courses

Kristianstad University offers a wide range of courses taught in English within different fields of study. We also offer a number of web based courses. However, 75% of the courses should be campus located in order to provide a meaningful exchange period. Please note that the courses offered vary from semester to semester. You can find the updated list of courses together with all the necessary information at [www.hkr.se/intrel](http://www.hkr.se/intrel)

## We provide Education in:

**Educational Sciences**

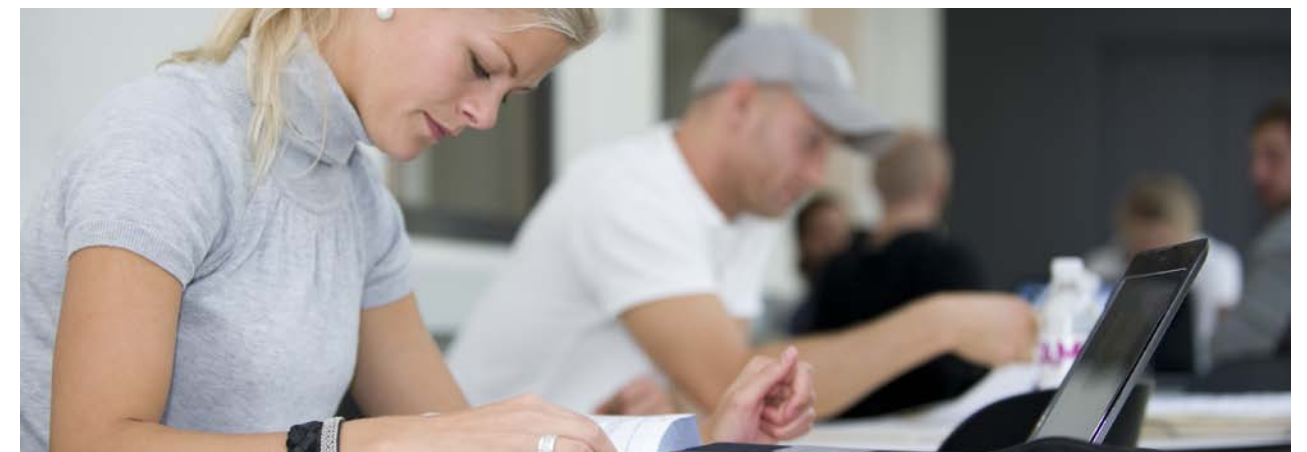
**Natural, Social and Environmental Sciences**

**Food, Health and Nursing care,**

**Psychology, Sociology and Social Work**

**Computer Sciences, Design and Engineering**

**Business and Human Resources**



**“I really enjoyed the time in this University. What impressed me deeply is the kindness of the Swedish teachers and the students. The teaching methods are characterized by cooperation and interaction. I liked to work with international and Swedish students, we can learn so much from each other.”**

Zhang Hongxia, China  
English education

## Course Packages

### Language course and other courses suitable for international students

Swedish for International students, 7,5 ECTS (beginner's level)  
Sweden Past and Present, 7,5 ECTS  
Intercultural Communication, 15 ECTS

### Business Administration and HRM

Strategy & Management Accounting, 15 ECTS  
International Marketing, 15 ECTS  
Corporate Social Responsibility, 7,5 ECTS, distance course  
International Business, 7,5 ECTS  
Nordic Business Culture, 7,5 ECTS  
Environmental Economics, 7,5 ECTS  
Intercultural Business Communication, 7,5 ECTS  
Strategic HRM on local and global level, 15 ECTS  
Strategic HRM: Career Management in organizations, 15 ECTS

### Engineering and Computer Science

Discrete Mathematics, 7,5 ECTS  
Algorithms and Data Structure, 7,5 ECTS  
Digital Technique, 7,5 ECTS  
Software Project 15 ECTS  
Network Applications and Security 15 ECTS  
Object Oriented Programming, 15 ECTS  
Software Engineering, 15 ECTS  
Operating Systems and Communication, 15 ECTS

Software Development for the Web, 15 ECTS  
Degree Project Computer Science, 15 ECTS.

### Health and Nursing

Global Health 7,5 ECTS  
Sustainable Health Promotion, 15 ECTS  
Health Promotion writing course, 7,5 ECTS  
Health Education, 7,5 ECTS (Autumn semester)  
Practical placement, 7,5 – 30 ECTS

### Gastronomy and Culinary Arts

Practical placement II, food and meal sciences, 7,5 ECTS  
International Marketing, 15 ECTS  
Global Health, 7,5 ECTS

### Environmental technology

Aquatic Ecosystem Characterisation Methods, 10 ECTS  
Ecological Sanitation, 7,5 ECTS  
Global Perspectives in Water Management, 15 ECTS (advanced)  
Limnology, 7,5 ECTS (advanced)  
Limnology, 15 ECTS (advanced)  
Master's Thesis in Sustainable Water Management, 15 ECTS (advanced)  
The Rural Landscapes of Europe, 15 ECTS  
Urban Waters Management, 7,5 ECTS (advanced)

### Teaching and didactics

Education and Childhood from an International Perspective, 15 ECTS

**“I read the courses International marketing and International business, my classmates were from different countries both European and not. I liked the working groups, it is important to learn how to work and to cooperate with other people, especially for a future working career. Teachers here are friendly, enthusiastic and with experience”**

Rongyao Fu, China  
Business

Special Educational Needs, 7,5 ECTS  
How to Create Good Learning Environments, 7,5 ECTS  
Research Methodology (advanced)  
Teaching Alive! Education for All, 15 ECTS  
Educare - an International Perspective on Childhood and Education, 30 ECTS  
Practical Placement, 7,5 – 30 ECTS

### English and History

Academic writing in English: Theory and Practice, 7,5 ECTS  
Classic Children's Literature, 7,5 ECTS  
Creative Writing in English, 7,5 ECTS  
English grammar and Language analysis, 7,5 ECTS  
English Literature – modern, 7,5 ECTS  
English Linguistics and Language History, 7,5 ECTS  
English Literature from Around the World, 7,5 ECTS  
English IV, 30 ECTS (advanced)  
English III, 30 ECTS  
English II, 30 ECTS  
English I, 30 ECTS  
Teaching in English in the Multicultural Classroom (advanced level), 7,5 ECTS  
Language and Gender, 7,5 ECTS  
Language and Cognition, 7,5 ECTS  
Europe in a Time Perspective, 7,5 ECTS



## Services for International Students

### Arrival days and Introductory Week

To welcome you in Kristianstad and to make your arrival and first days here comfortable we are pleased to offer the following services: Pick-up service, Introductory Week, Welcome Party.

During the first week the International office organises different activities that will give you the opportunity to meet the other exchange students and that will help you to get to know the town and campus. The introductory week finishes with a "Welcome Party" the first major event of the semester.

### Accommodation

Accommodation is guaranteed to all the exchange students. The University provides accommodation in double rooms in student dormitories nearby the campus. All rooms are furnished with basic equipment and Internet connection.

For more information about accommodation and the application procedure, please consult the Survival Guide (internet) or contact the International Office.

### Survival Guide

In the Survival Guide, you can find all the information you need about moving to Kristianstad, studying at our University and living in Sweden. The guide is available at: [www.hkr.se/survivalguide](http://www.hkr.se/survivalguide). For any other questions concerning your studies at Kristianstad University, please contact [intrel@hkr.se](mailto:intrel@hkr.se).

### We promise... you will have an Exciting Student Life, Trips and a Lot More!

Throughout the semester the International Office organises social activities, including parties, trips and study trips. Every semester we arrange at least one trip outside the region/country, e.g. to Stockholm/Helsinki as well as trips to local destinations.

Our trips are meant to create connections between the students and to offer them the opportunity to share unforgettable experiences.



**"My roommate was from Germany, we had a good time together, it was really nice during winter to stay home and have long talks! I hope I will meet her again soon, she is part of my life, I can't forget her."**

Lamprini Papachristou, Greece

**Economics**

**"Arriving at the Högskolan was really nice. Karen from the International Office welcomed us and we felt home from the first moment. The university is much bigger than my home university but much more friendly with all the trees and all this nice buildings. The people are all very nice, from the teachers to the students. You can find help even for the stupidest questions all over the place."**

Carmen Winter, Germany

**Health promotion**



**"I liked the work of the international office, they organise trips for reasonable prices, I was able to visit countries I would not visit by my own."**

Luyando Hamukangandu, Zambia

**Health - Nursing**



**"I enjoyed my stay in Sweden and Kristianstad. It was nice to meet students from other countries and interact with everyone, it was such a nice time. It would be very nice for me to have an opportunity to come back to Sweden and Kristianstad again. I thank everyone who made it possible for me, I love you all. Thank you"**

Brian Siamani, Livingstone, Zambia,

**Nursing**





## Sweden

Sweden is one of the largest countries in Europe, with varied scenery and climate. From north to south you can find extensive forests, numerous lakes and a long coastline.

The landscape as well as the climate changes a lot, from the wild and colder regions of the north to the milder and flatter landscape of the south.

Sweden is not only forests and lakes but a modern and fast developing country. In a nutshell, "Sweden is a country of opportunities offering a high quality of life with the human and nature in mind. (Swedish Institute)".



## Skåne

Skåne is the southernmost region of Sweden. Danish until 1658, it still keeps a bit of Denmark in its flag and in the "Skånska" the dialect spoken in the area. Together with the Danish Zealand, it belongs to the Øresund Region, one of the fastest expanding areas in northern Europe. It is the most populated area of Sweden but you can still find wild nature, lakes, forests and small villages along the coast.

Malmö, the third largest city in Sweden, is the main centre of Skåne. Thanks to its connection to Copenhagen through the Øresund bridge, the city is quickly developing and is becoming an important centre for all the Scandinavian countries. Modern and old at the same time. Malmö offers a great variety of activities for all tastes.

**"Before studying in Sweden, my impression about Sweden is that it has a prosperous economy, advanced techniques in ecological environmental protection, a perfect welfare system and cold weather. Now, during my 6 months of living here, studying and travelling around Sweden, I have seen all its magic and I really appreciate the friendship and kindness of the Swedish people"**

Zhang Hongxia, China  
**English education**

**"The whole Skåne region is really nice and you can find a lot of small idyllic villages at the sea. I loved to make bike trips to various places"**

Carmen Winter, Germany  
**Health promotion**





**“The town is small but there is everything you need. There are many café and a lot of nature. It is in a good position, near big cities like Malmö and Copenhagen.”**

Lamprini Papachristou, Greece

#### Economics

## Kristianstad

Situated in the north eastern part of Skåne, Kristianstad is the main centre of the region. The town combines the modern and the old and is situated in an area of great natural beauty. Kristianstad is also known for its cosy cafés, restaurants and shops.

Kristianstad municipality has a wonderful Biosphere Reserve known as Vattenriket, the Kingdom of water. Naturum, a newly-built nature centre, is situated close to the town centre and provides a number of displays illustrating the great biodiversity of the region. Here you can also enjoy beautiful views over a cup of coffee.

#### Within Easy Reach

Kristianstad is situated within an easy reach of Europe by air, train or ferry. High-speed trains connect Kristianstad to Kastrup Airport, Copenhagen and Malmö. You can reach Malmö by train in one hour and Copenhagen within one and a half hours. You can thus enjoy the vibrant life of Malmö and Copenhagen whenever you want. Kristianstad airport offers direct flights to Stockholm, and other cities.

In the whole municipality of Kristianstad you can easily move by bike or on foot; there are plenty of trails that allow you to experience the beautiful landscape of the area. Some of the trails are designed for easy access by wheelchair or with a pushchair. There are many opportunities to enjoy outdoor activities as canoeing, trekking and climbing; the area is well known also for the numerous of bathing spots.



**“just take your bike and go to a lake or to the sea or a nature reserve. There are many things to do”**

Bastien Coignon, France

#### Water Management

## Admission requirements

Your home university has approved your chosen course(s). Please note that some of the courses may have special requirements. It is not compulsory to provide a certificate of competence in the English language but it is really important that your English speaking and writing skills are sufficiently good to allow you to follow your chosen course(s).

## Application procedure

If you wish to apply to Kristianstad University as an exchange student, you should contact the international office at your home university. Once you have been nominated and selected by your university, you need to fill in our application form online.

#### Please, note our deadlines:

Autumn Semester: April 15

Spring Semester: October 15

For more information, visit our website: [www.hkr.se/intrel](http://www.hkr.se/intrel)

## Links

#### Study in Sweden

[www.studyinsweden.se](http://www.studyinsweden.se)

[www.antagning.se](http://www.antagning.se)

#### Network for International Students

[www.SwedenInTouch.se](http://www.SwedenInTouch.se)

#### Sweden and Kristianstad

[www.sweden.se](http://www.sweden.se)

[www.visitsweden.com](http://www.visitsweden.com)

[www.skane.com](http://www.skane.com)

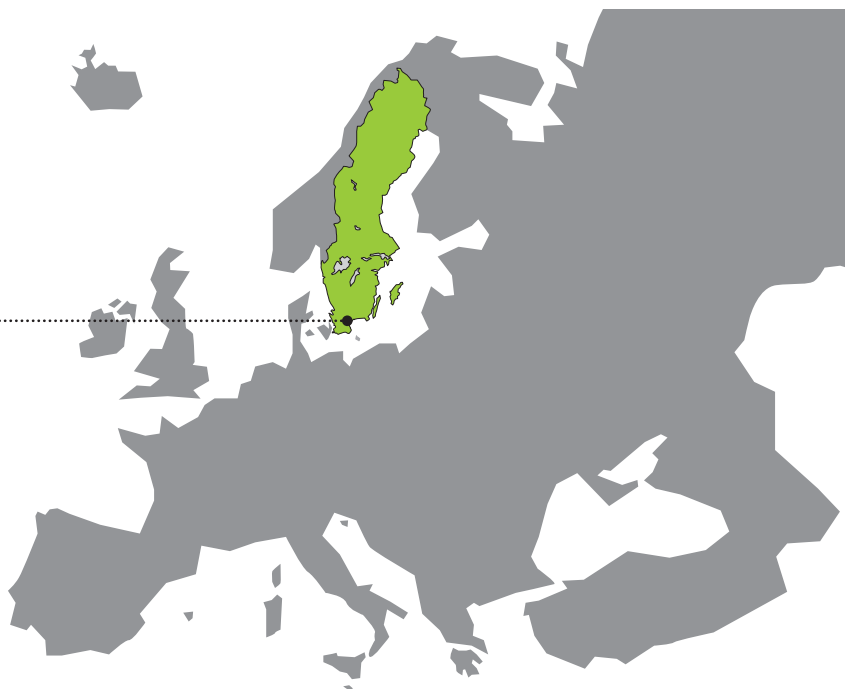
[www.kristianstad.se](http://www.kristianstad.se)

#### Transport

[www.skanetrafiken.se](http://www.skanetrafiken.se)

[www.sj.se](http://www.sj.se)

# Kristianstad University



## Contact

### International office

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[www.hkr.se/intrel](http://www.hkr.se/intrel)