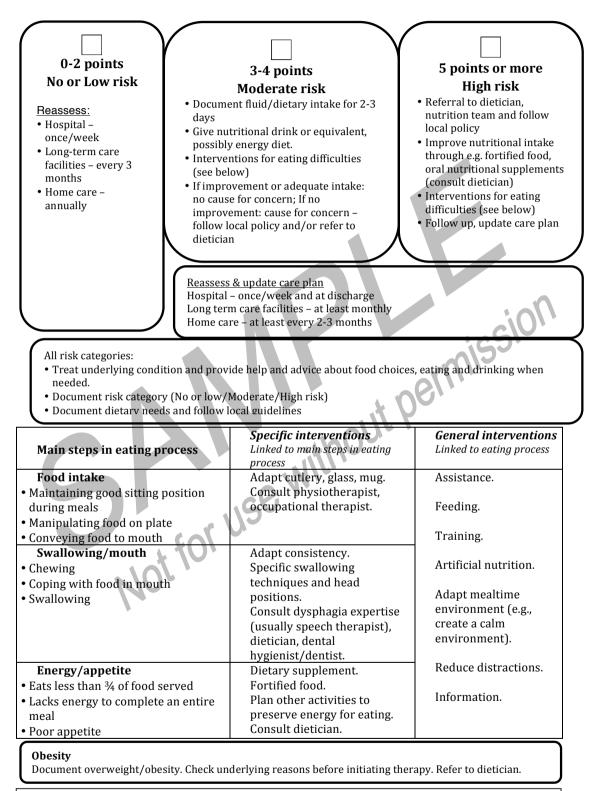
MEONF-II U.K. English version

Ple	ase tick the appropriate bo	xes on the left and	l score according to in	structions	SCORE
1	Unintentional weight loss (regardless of		Weight loss = 2		
	amount of loss and of wheth	er recent or	No weight loss = 0		
	occurred over time)		Don't know = 2		
2a	BMI is less than 20 (69 y	ears or younger)	BMI = weight (kg)/h	eight	
	BMI is less than 22 (70 y		squared (m ²)	-	
	If height/weight cannot be	obtained,			
	measure calf circumference		Low BMI or small ca	lf	
			circumference = 1		
2b	Calf circumference is less than 31		Otherwise = 0		
	centimetres				
3	Eating difficulties				
-	Food intake				
	Difficulty maintaining ge	One/more difficulties = 1 No difficulty = 0			
	position during meals				
	Difficulty manipulating food on plate				
	Difficulty conveying foo				
4	Swallowing/mouth				
	 Difficulty chewing Difficulty coping with food in mouth 		One/more difficulties = 1 No difficulty = 0		~ 1
					(0)
	Difficulty swallowing			100	
5 Energy/appetite					
	Eats less than ³ / ₄ of food				
	Lacks energy to complete an entire meal No problems = 0				
	Poor appetite				
6 Clinical signs indicate risk of undernutrition.					
	Assess e.g., body shape, subcutaneous fat, muscle mass, grip strength, oedema (fluidClinical signs indicate risk = 1 Otherwise = 0				
retention), blood tests (e.g. serum albumin).					
	Sum observations 1-6 into	a total score (min	n = 0, max = 8)	TOTAL	
				SCORE:	
		.CU			
RIS	K OF UNDERNUTRITION	13			
0-2 points = no/low risk 3-4 points = moderate risk 5 points or more = high risk					
BM	BMI INTERPRETATION 69 years or younger: 70 years or older:				
	Underweight BMI <20			BMI <22	
_	Normal BMI 20-24.9			BMI 22-26.9	
	Overweight BMI 25-29.9			BMI 27-31.9	
	Dbesity	BMI 30-39.9	BMI 3		
	Severe/morbid obesity	BMI >40	BMI >		
	,,	-			
Con	nments:				
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