



**Welcome to**  
**Movement, Fundamental Motor**  
**Skills and Physical Activity among**  
**Preschool Children**  
**Nordic Conference on October 3rd, 2019 in**  
**Kristianstad, Sweden**

We invite preschool teachers, head masters and administrators, school nurses, staff from child health care centers, university teachers in teacher education and everyone interested in physical education in early childhood education and care. The aim of the conference is to highlight several scientific perspectives focusing on young children's movement, fundamental motor skills and physical activity for actual and future health

Well renowned researchers from the Nordic countries (Denmark, Norway, Finland, Iceland and Sweden) and from Japan will present actual research in this topic. The official language of the Conference is English and the Nordic languages.

**Scientific program**

- 08.30-09.00 Registration
- 09.00-09.20 Welcome to the conference
- 09.20-10.00 Keynote 1 Arja Sääkslahti, Finland
- 10.00-10.30 Coffebreak
- 10.30-11.10 Keynote 2 Karsten Froberg, Danmark
- 11.10-11.50 Keynote 3 Guðrún Kristjánsdóttir & Rúnar Vilhjálmsson, Island
- 11.50-12.50 Lunch
- 12.50-13.30 Keynote 4 Ingunn Fjørtoft, Norge
- 13.30-14.10 Keynote 5 Kanae Watanabe, Japan
- 14.10-14.50 Keynote 6 Ann-Christin Sollerhed & Jan-Eric Ekberg, Sverige
- 14.50-15.20 Discussion and coffee
- 15.20-16.00 Panel Discussion and Closing the Conference

## Information

### When?

Thursday 3<sup>rd</sup> of October, 09.00-16.00 including coffee breaks and lunch.

### Where?

Kristianstad University, Elmetorpsvägen 15, Kristianstad, Sweden

### Travelplans

If you take a flight to Kristianstad you will attend Kristianstad Österlen Airport (KID) south of Kristianstad. Read more about the airport at <https://www.kidairport.com/service-pa-flygplatsen/?lang=en>

If you arrive at Kristianstad by train you have several options how to get from the train station to Kristianstad University:

Taxi, prebooking is recommended. About 5 minutes traveltime.

Citybus 4 to Kristianstad University. The bus sign should be

Högskolan. About 8 minutes traveltime. How to buy ticket

<https://www.skanetrafiken.se/sa-reser-du-med-oss/sa-koper-du-biljett/>

Translate to English.

Car, free parking on marked parkinglots.

Walk, from Kristianstad C about 20 minutes walk, follow the signs.

Campusmap, <https://www.hkr.se/en/about/contact/>

### Meals

Lunch will be served at Restaurang Metropol close to campus.

### Conference fee

Early bird 700 SEK, register before June 21<sup>st</sup>.

Conference fee from June 21<sup>st</sup> and before September 25<sup>th</sup> 900 SEK.

### Register

Register by filling out the form at the following link

[https://www.hkr.se/ruck-fysisk\\_aktivitet3okt2019](https://www.hkr.se/ruck-fysisk_aktivitet3okt2019)

When the registration is successful you will receive an e-mail to the address used. If you do not receive an e-mail after registration, please contact Sofie at e-mail [sofie.hardo@hkr.se](mailto:sofie.hardo@hkr.se)

### We look forward to meeting you in Kristianstad!

#### The organizing committee of the conference

Ann-Christin Sollerhed, Kristianstad University

Jan-Eric Ekberg, Malmo University